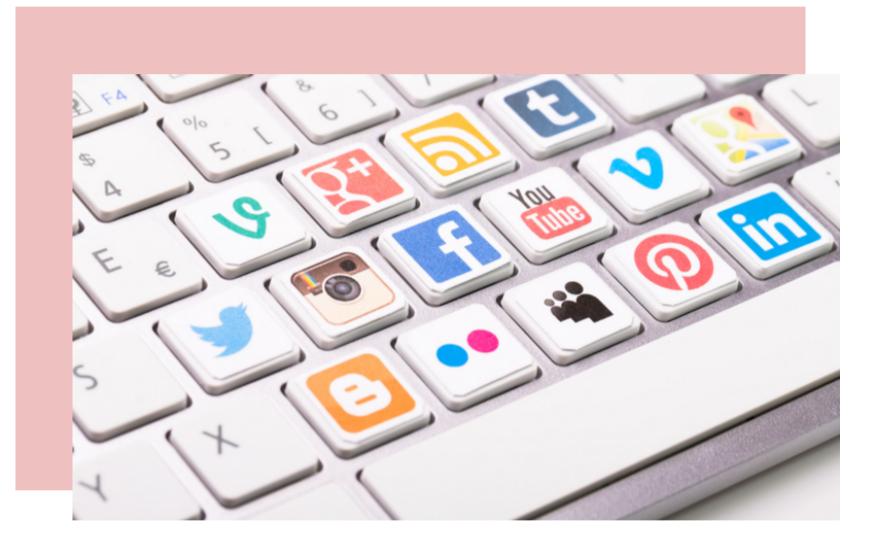
Social Media and Me

Presentation by: Rozhin Ahmadirowhani

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(Image Source)

Intro:

MAIN TOPICS

Confusion is the point

- Values received from online social interactions
- Social capital and youth culture
- Black Mirror: Similarities between the worlds
- Black Mirror: Point system
- Black Mirror: How are social interactions
- changed in the world of the clips?

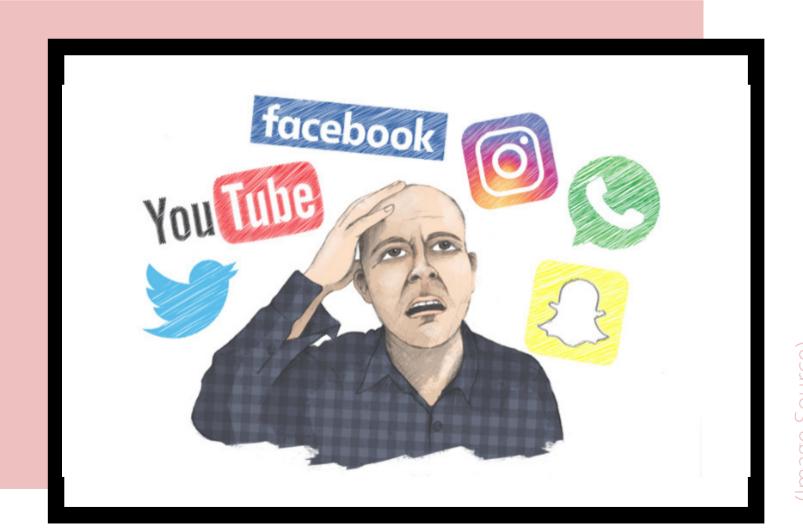
Confusion is The Point

How have social media platforms changed the way we consume and understand information?

As directly addressed in the article, social media platforms present a vast variety of perspectives on issues daily. Although the presentation of significant information is a lot more convenient on these platforms, it's quite rare to receive reliable and quality information without any biased alterations. Unfortunately this occurs in almost all the information that is fed to us by the media and it is usually difficult to recognize when information has been tampered with or possibly blown out of proportion. Since the biased news is hard to recognize, the fake news spreads and eventually is considered factual and people don't question whether it is reliable. Social media platforms have changed our way of consuming official information via reliable sources in the newspaper, to just accepting any information fed to us that essentially leaves us more confused than before.

Confusion is The Point (continued)

Instead of meeting the expectation that the media will present a clearer picture of our world, it just continues to confuse us all and we still believe that we can solve the problem with even more information. As the article metaphorically compared, the contextual spiral is<u>"a</u> <u>bottomless gyre in which we tumble, helplessly drinking</u> <u>water to save ourselves from drowning."</u>



Values Received From Online Social Interactions

TED TALK - IS SOCIAL MEDIA HURTING YOUR MENTAL HEALTH?

Online social interactions allow healthy relationships to develop within the community; they provide the essential sense of inclusiveness that is needed in a community. This feeling of being included is crucial to the well-being of our mental health and it can be a very positive aspect of social media and the interactions within it. Online social interactions also help raise awareness for topics that need more attention or it could help a lot of people cope with their problems as they're not required to talk face-to-face with someone and can remain anonymous at times. Although most of these interactions are beneficial to our mental health, there are still



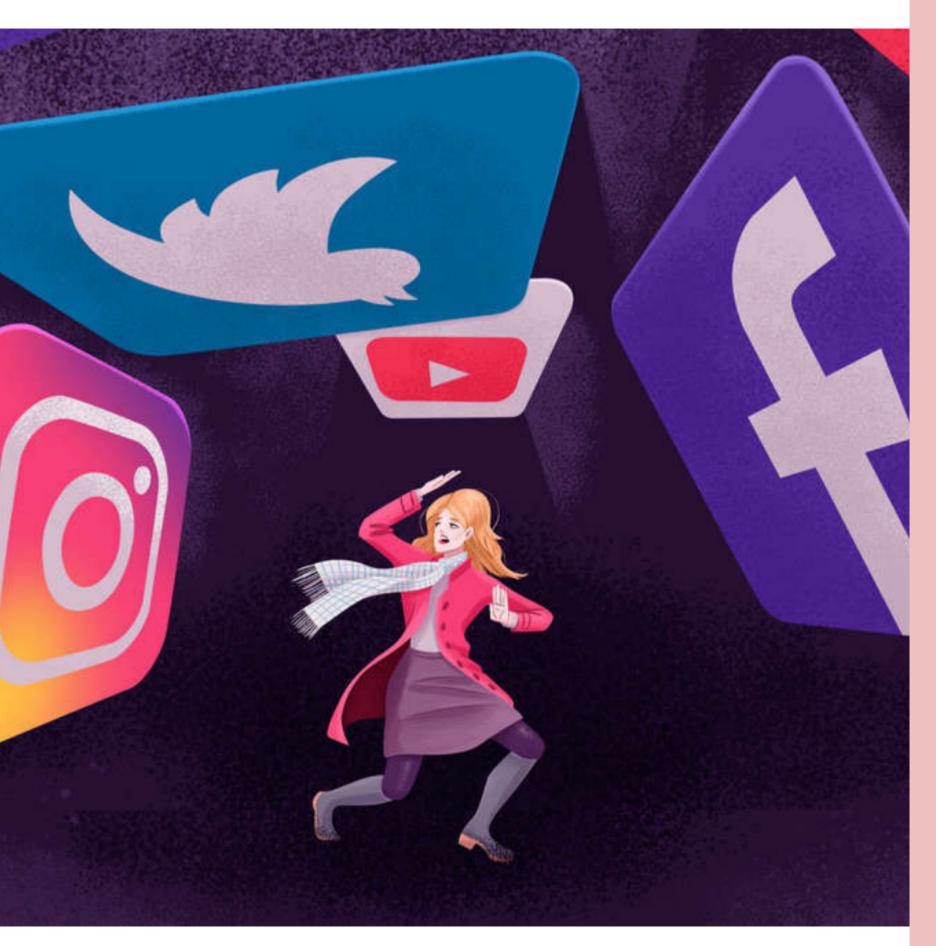


many that are very harmful.





<u>(Image Source)</u>



An examples is comparing yourself to others who seem to have a perfect life online. You know that what they post is only the highlights of their life, but you still can't help but wonder why your life isn't as perfect as theirs which affects your mental health awfully. Another negative aspect of online interactions is how people tend to be more disrespectful towards certain concepts online due the more diverse (not necessarily a good way) set of perspectives so they believe the discrimination against them won't be as severe as it is in physical social interactions.

(Image Source)

Social Capital and Youth Culture

Social Media causes social values to spread fast. Since the youth are the prime users of these platforms, they tend to control what is affects the social capital of youth and what spreads to become a trend or topic of conversations. Youth culture nowadays is fundamentally rooted in social media and popular trends that have come to be due to the media. The way the youth think, speak, and react to situations is very dependant on the conformity that social media has promoted. Due to most of their time being spent on online social interactions rather than physical interactions, the youth also don't possess as effective social skills as past generations may have.



(<u>Image Source)</u>



Black Mirror: Nosedive Clips

Similarities, differences, and issues





the Worlds

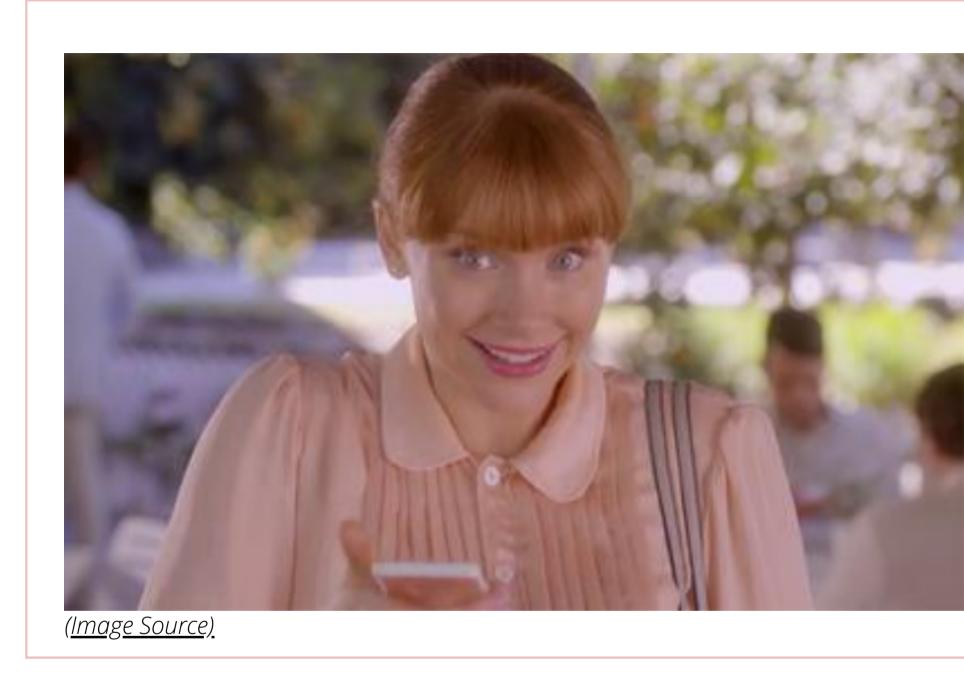
It is no secret that our world very closely resembles the one portrayed in the clip and it is truly terrifying. Although we do not yet rate ourselves on our daily interactions, we still very cautiously interact with others in a way to ensure they "approve" of us. This case is especially constantly occurring with people who hold a higher social status as they can also raise yours due to their connections with other people. This idea also works in reverse if you're interacting with a lower social class and you can be seen as one.

(Image Source)



Similarities Between the Worlds (continued)

The numbers in our world are just in a different scale and not yet *as* significant on people's judgments: followers on social media platforms. These numbers define popularity and can affect some people's attitude towards you.



Point System

Gaining Points

The main character can gain points by having basic conversations that appeases the person rating them, or by receiving good ratings on online posts.

Importance

The points are important due to the attitudes and judgements they'll receive with low ratings. They'll be treated poorly and disrespected and no one enjoys being mistreated even if it means mistreating others in this society.

Losing Points

By having a conversation that does not appease the person rating them, by posting something others don't find pleasing, or speaking to ones with low ratings.

Value Derived From

This society lacks genuine opinions and diversity of beliefs. In our society today, people feel free to express themselves regardless of what others may think, but in this society fear has taken over the necessary existence of contrasting ideas.

HOW ARE SOCIAL INTERACTIONS CHANGED IN THE WORLD OF **THESE CLIPS?**

The people in this society have completely put aside sharing their own genuine opinions about things. They just say things most delightful to please the other person no matter how much they truly belive in it. We, in our society do this as well because a balanced and moderate amount of sympathy for the other person's feelings is essential to social interactions, but the concept has been highly exaggerated in these clips.







HOW ARE

Due to this, the society is very onesided on issues and has no varying perspectives to progress and better themselves and their beliefs in order to improve.

(<u>Image Source)</u>

(continued)

SOCIAL INTERACTIONS CHANGED IN THE WORLD OF THESE CLIPS?

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