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# Social Media and Me

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#### How Does Social Media Change the Way we Understand Information?

Social media platforms have changed the way we consume and understand information. Because it allows information to be spread more rapidly than it would in real life, stories can be easily twisted and misunderstood. The overdramatizing of these stories can pull us in, making us want to know more. Video clips, photos, and other types of digital evidence can be taken out of context or edited before it is posted. On social media, we can see each other's opinions about a certain situation, which can tint our own original opinions. This can have both positive and negative effects. In the end, not everything on social media is trustworthy.

### How Does Social Media Influence You and Youth Culture?

Online social interaction has its downsides and upsides. Most of the time, you can communicate with friends online and meet new people. Social media is a place where you can share your favourite moments and memories. Other times, you might subconsciously compare yourself to others, based on their perfect looking pictures and highlights of their lives. This can bring down your confidence and make you unhappy with yourself.



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Social media is helping to form youth culture with its many trends, traditions, and systems. Almost all teenagers engage with social media, and they can connect through things like trendy memes. Social media is a fast way to spread connections, especially in the youth.

## An Analysis of *Black Mirror*: Nosedive



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In *Black Mirror: Nosedive*, the world that is presented holds a few similarities with the world we live in. In the world of *Nosedive*, every person has a very clear social status displayed with numbers, that can be lowered or raised by the people around you. Depending on your social status, people treat you differently. Sometimes in the real world, people treat each other unfairly because of their level of popularity. For example, someone might be extremely kind to a popular person just to gain their approval, but put down a "lame" person in order to feel cool.



(Source: click here)

The main character gains and loses points by the people around her. They can give her points if she has done something nice for them, and do the opposite if they dislike her. These points are important to her because the way people in this society treat you is completely dependent on your points.



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Because of this toxic way of social interaction, the sincerity of relationships and friendships is ripped away. People only do favours in order to gain points, and they completely cut off others just because they hold a low number of points. Nothing is genuine or voluntarily. Everyone's kind actions only hold one purpose: to raise their own points.